

LAKE NEWS

Capitol Beach Community Association

Volume 1 • Issue 11
November 2005

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BOARD MEMBERS

Pres. Ken Bradshaw	475-8347
VP Glenn Hillhouse	475-0566
Sec. Jean Jordan	474-4787
Treas. Greg Osborn	477-0103
Newsletter Editor John Huff	474-5092
Steve Kinsella	438-0492
Harvey Schwartz	475-5234
Jerry Sieck	476-0644
Terry Wittler	475-2843
Bruce Younglove	438-8178
Ann Willet	438-8682
Office Manager Rose Wiese	477-9501

CAPITOL BEACH COMMUNITY ASSOCIATION

PO Box 81141
Lincoln, NE 68501

Email Us
cbca@capitolbeachlake.com

We're on the Web!
www.capitolbeachlake.com

The Capitol Beach Community Association (CBCA) was incorporated on January 28, 1986 as a 501(c)(7) corporation. Every person who is a titleholder of a vacant lot or living unit abutting Capitol Beach Lake, shall be eligible for membership in the corporation. Once a lot or living unit abutting Capitol Beach Lake has joined the Association, such property shall remain so subject in perpetuity, and may not be separated from the Association. The bylaws and protective covenants as amended, are recorded with the Register of Deeds. Members of the Association are provided copies of these agreements when they join and upon request. The bylaws of the Association define how the business of the Association will be done, including meetings of the general membership, the election of board of directors at the annual meeting and monthly board meetings. The by laws also empower the board to establish rules and regulations of the Association for safety and care of the commons.

Cover Photo Courtesy
Phil & Barbara Heckman
702 W. Lakeshore Circle

CBCA BOARD MEETING AT A GLANCE

The CBCA Board met on Monday, October 17, at the Gas 'N Shop office.

COMMONS: A work day was scheduled for Saturday, October 22, beginning at 9:00 am, to remove some of the dead trees and fallen limbs in the commons. Steve Kinsella reported that replacement of the street lights is nearing completion.

MEMBER RELATIONS: The CBCA Holiday Party, scheduled for December 17, will require members to RSVP so adequate arrangements can be made. See the flyer elsewhere in this newsletter for details. CBCA events for 2006 were discussed and will be published as soon as dates are confirmed.

SAFETY: Glenn Hillhouse reported that approximately half of the buoys have been removed, and he and John Huff will complete the task.

WATER QUALITY: The board is working on a fish restocking plan that is affordable but hopefully sufficient to contribute to controlling the midge outbreak, should it happen again next season. Glenn Hillhouse reported that he observed no dead fish during a recent cleaning of the spillways. Osborn continues to monitor the fish population.

MIDGE UPDATE: The board is working diligently to gather information on the "nonbiting aquatic midges" that plagued Capitol Beach this past summer. Board members will continue to consult with professionals, and the board plans to contact midge-management experts in Florida. The board will prepare a proposed plan that will be included in the 2006 budget and discussed at the annual membership meeting in January. In summary, it appears that a number of steps will be necessary to begin to achieve some measure of control over the pests and that no single approach will be sufficient.

IN OTHER BUSINESS, the board approved two new members, discussed the trash hauling proposal, and identified some additional lake and commons maintenance needs that will be presented as part of the 2006 proposed CBCA budget. See also the "Refuse Hauling" article in this newsletter.

NOTE THE CHANGE OF MEETING DATE: The next CBCA Board of Directors meeting will be Thursday, November 17, 7:00 pm, at the Gas 'N Shop office, 720 Marina Bay Place.

FOCAL POINT
PUBLISHING

Place an ad in the next LakeNews.
Contact FocalPoint Publishing for pricing and schedule.

Michael Wiese, 420-7880
info@fppub.com

BE THANKFUL

Be thankful that you don't already have everything you desire. If you did, what would there be to look forward to?

Be thankful when you don't know something, for it gives you the opportunity to learn.

Be thankful for the difficult times. During those times you grow.

Be thankful for your limitations, because they give you opportunities for improvement.

Be thankful for each new challenge, because it will build your strength and character.

Be thankful for your mistakes. They will teach you valuable lessons.

Be thankful when you're tired and weary, because it means you've made a difference.

It's easy to be thankful for the good things. A life of rich fulfillment comes to those who are also thankful for the setbacks.

Gratitude can turn a negative into a positive. Find a way to be thankful for your troubles, and they can become your blessings.

~Author Unknown

CBCA NOVEMBER BOARD MEETING DATE CHANGE

The November CBCA Board meeting will be held on Thursday, November 17, 2005 at the Gas 'N Shop office, 720 Marina Bay Place, at 7:00 pm. The change was made to avoid any conflicts with the Thanksgiving holiday.

Anyone who wishes to attend or to address the board at this meeting should take note of the change.

BOARD RESULTS ON REFUSE HAULING

By Terry R. Wittler

As directed by the general membership at the 2005 annual meeting, the CBCA Board sent requests for proposals to 30 refuse haulers in Lincoln. The requests made it clear that the board had no authority to require members to use any particular refuse hauler and that participation in any program would be completely voluntary. We received three responses.

A+ Refuse proposed \$18.00 a month for household pickup, \$16.00 for yard waste, and an optional 2nd weekly pickup for \$20.00.

Paragon Sanitation proposed \$16.00 a month for household pickup, \$10.00 a month for yard waste, and an additional weekly pickup for \$3.00.

Zajicek Refuse proposed the following sliding scale, based upon the number of association members signing up:

Household Size	Cost	Yard Waste	Second Pickup
0-50	\$16.00	\$10.00	\$2.50
51-100	\$15.00	\$ 9.50	\$2.00
101-150	\$14.50	\$9.50	\$2.00
151-200	\$14.00	\$9.50	\$2.00
200+	\$13.75	\$9.00	\$2.00

After considerable discussion, the board decided to report the responses to the membership but did not take any further actions on the proposals.

NEW MEMBERS

Please give a warm lake welcome to:

Kevin Fleege
1900 Surfside Drive

Troy & Jennifer Brethouwer
1000 Manchester Drive

2006 CALENDER OF EVENTS

January 8	Annual Meeting
March 11	Boating Safety Class
May 6	Area-wide Garage Sales
May 19	Spring Fling
July 4	Island Party & Regatta
December	Holiday Party, date TBA

CBCA ANNUAL MEETING REMINDER

The annual membership meeting of the Capitol Beach Community Association will be held Sunday January 8, 2006 at 2:00 pm at Lakeview School. Please plan to attend or give your proxy vote to someone who is attending the meeting. We look forward to seeing everyone at the meeting.

2006 CBCA PROPOSED OPERATING BUDGET

The board is working on the 2006 operating budget. If you have any suggestions please contact a board member so that we can discuss your suggestion for inclusion in the proposed budget at the November meeting. Last year we published the proposed budget in the December newsletter for everyone to review prior to the meeting and will do so again this year.

CAPITOL BEACH AMUSEMENT PARK

The Nebraska State Historical Society is seeking "home movies" that may have been taken at the old Capitol Beach Amusement Park. If you or anyone you know has some, please contact a board member.

NEBRASKA LAKES ASSOCIATION BOARD MEMBER

Bruce Younglove has been elected to the board of the Nebraska Lakes Association. Recently Bruce and Glen Hillhouse attended the NLA annual meeting to learn more from other Nebraska Lakes groups like ours. Congratulations Bruce!!

WHAT ABOUT YARD WASTE?

Now that we have had a freeze, and the trees are losing leaves, please help us keep this organic material out of the lake, as it can be a source of excess nutrients in the lake. When you or your yard service mows, catch the clippings and leaves and bag them or haul them away. If your walk and gutters are full of leaves, pick them up as well. The less organic material that goes into our lake the better it will be for everyone.



**Capitol Beach Holiday Party
December 17th, 7 PM
Nebraska Club
(Top of the U.S. Bank Bldg.)**

Mark your calendars and make your reservations today to attend the CBCA annual Holiday Celebration. The fun starts at 7 pm with Nebraska Club's famous hors D'oeuvres and a cash bar. We are excited to announce that the Lincoln Continentals will be entertaining at 7:45 pm. The award winning men's chorus will be on hand to give CBCA a show to remember. That's not all!!! Following the show, we will have a DJ with music and dancing until midnight.

Make your reservations by calling the CBCA office number at: 477-9501. Leave a message with the number in your group. You can also email CBCA at: cbca@capitolbeachlake.com



WATER QUALITY TESTING

We have continued to have a laboratory test completed for water samples taken from our lake, in our ongoing efforts to build a history of our water quality. We sample 6 locations on the lake each

month, plus the 6 wells and the Oak Creek water. Of the 6 lake samples this month, only one was above the recommended level for Coliform Bacteria. Since we have limited space in the newsletter,

we publish the test results from the sample with the poorest quality. The board will alert all members if an unhealthy condition is identified.

Analyte	SODIUM Na ppm	CALCIUM Ca ppm	MAGNESIUM Mg ppm	pH	NITRATE NITROGEN NO ₃ -N	SULFATE SO ₄	CONDUCTIVITY mmhos/cm	TOTAL DISSOLVED SOLIDS (TDS) ppm	HARDNESS gr/gallon	TOTAL COLIFORM cfu/100 ml	IRON Fe ppm	MANGANESE Mn ppm	CHLORIDE Cl ppm	COPPER Cu ppm	FLUORIDE F ppm
Level Found	3,613	45.2	49.2	8.83	n.d.	512	16.38	10,647	18.5	840	0.04	n.d.	4,672		13
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Caution Level	100	80	30	6.5/9.0	10	400	0.75	500	20	1	0.3	0.05	200		4

BUGS, BUGS, BUGS

This summer will long be remembered at Capitol Beach as the year of the bugs. From midges to spiders, everyone at the lake has seen an increase this year in these annoying creatures. A number of folks have pitched in to assist the board with learning more about these pests and what can be done about them. We continue to consult with the “experts” to decide what our association can do to reduce or eliminate these pests. As we continue to explore options, the board will include any associated costs in our operating budget next year. We will bring to the general membership what we believe will be the best, most cost-effective solution. Plan to attend the annual meeting so that you can also be well informed about this issue.

**THE FIRST THANKSGIVING
PROCLAMATION**

“By THE PRESIDENT of the United States of America.”

“A PROCLAMATION”

“WHEREAS it is the duty of all nations to acknowledge the Providence of Almighty God; to obey His will, to be grateful for His benefits, and humbly to implore His protection and favor; and,

“WHEREAS both Houses of Congress have by their joint committee requested me to recommend to the people of the United States a day of public Thanksgiving and prayer, to be observed by acknowledging with grateful hearts the many signal favors of Almighty God, especially by affording them an opportunity to establish a form of government for their safety and happiness:

“Now, therefore, I do recommend and assign Thursday, the 26th day of November next, to be devoted by The people of these States to the service of that great and glorious Being who is the beneficent author of all the good that was, that is, or that will be,

that we may then all unite in rendering unto Him our sincere and humble thanks for His kind care and protection of the people of this country previous to their becoming a nation; for the signal and manifold mercies and favorable interpositions of His Providence, which we experienced in the course and confusion of the late war; for the great degree of tranquility, union and plenty, which we have since enjoyed; for the peaceable and rational manner in which we have been enabled to establish constitutions of government for our safety and happiness, and particularly the national one now lately instituted; for the civil and religious liberty with which we are blessed and the means we have of acquiring and diffusing useful knowledge; and in general for all the great and various favors which He hath been pleased to confer upon us.

“And, also that we may then unite in most humbly offering our prayers and supplications to the Great Lord and Ruler of Nations, and beseech Him to pardon our national and other transgressions, to enable us all, whether in public or private stations, to perform our several and relative duties properly and punctually, to render our National Government a blessing to all the people by constantly being a government of wise, just and constitutional laws, discreetly and faithfully executed and obeyed, to protect and guide all sovereigns and nations (especially such as have shown kindness to us) and to bless them with good government peace and concord.

“To promote the knowledge and practice of true religion and virtue, and the increase of science among them and us, and generally to grant unto all mankind such a degree of temporal prosperity as He alone knows to be best.

“Given under my hand at the City of New York the third day of October in the year 1789.

“G. Washington”

PUMPKIN CHIFFON PIE

- 1 envelope gelatin
- 1/4 cup cold water
- 1-1/4 cups canned pumpkin
- 1/2 cup milk
- 1/2 teaspoon ginger
- 1/2 teaspoon nutmeg
- 1/2 teaspoon cinnamon
- 1/2 teaspoon salt
- 1 cup granulated or brown sugar
- 3 eggs

To slightly beaten egg yolks add 1/2 cup sugar, pumpkin, milk, salt and spices. Cook until thick in double broiler. Soften gelatin in cold water. Add to hot pumpkin mixture, mix thoroughly and cool. When it begins to thicken, fold in stiffly beaten egg whites to which the other 1/2 cup of sugar has been added. Pour into a baked pie shell. Chill in refrigerator. It may be served with whipped cream if desired.

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